"Like you, I have challenges in my life. At times they have threatened to overwhelm me. But I have a spiritual discipline of gratitude that is giving me the strength to overcome them. My overcoming involves being able to trust God more and live by the truth that I am loved by God, He is my provider, and I don’t have to know all the steps in my future. When it’s time, He’ll reveal the next step."  READ MORE

On Thanksgiving morning, Nov. 24, at 10:30 a.m. CT, Breath of Life Television Ministries will premiere a Thanksgiving special entitled "The Gratitude Project." This special will stream exclusively on the Breath of Life YouTube page and app. MORE and WATCH the trailer.
On Nov. 4, Southwestern Adventist University president Ana Patterson welcomed Sahmyook University president Il Mok Kim and director of international Education Jae Wook Yang to campus. They met to sign a three-year exchange agreement. MORE

On Oct. 15, at the Society of Adventist Communicators’ (SAC) 33rd annual convention in Columbia, Md., Daniel Weber, assistant professor of photography at Andrews University, was awarded the SAC Leadership Award for a decade of

Pacific Union College has launched a groundbreaking collaboration with St. Helena High School, giving students the opportunity to learn how technology is applied to the environmental challenges they face in their own local communities and beyond. The 10-week class will meet in person on PUC’s campus and provides the students with the chance to earn college credit. MORE

In March 2020, our world as we knew it changed. The COVID-19 pandemic struck, and schools,
outstanding servant leadership. **MORE**

businesses, and churches closed. It was then that Hit the Mark Sabbath School began streaming live on Facebook and YouTube every Saturday. **MORE**

---

**ADVENTISTS IN THE NEWS**

Adventists Health Receives ‘A’ Grade for 11th Consecutive Time (Calif.)

Adventist Healthcare Fort Washington Medical Center Receives Improved Hospital Safety Grade Indicating Commitment to Excellence. (Md.)

Adventist Church Hands Out Free Thanksgiving Groceries to Hundreds (Ala.)

Southern Adventist University Sponsors Professional Workforce Development Initiative To Meet Growing Workforce Demands in Chattanooga Region (Tenn.)

Adventist Church Dinner Raises Money for Veterans (Calif.)

Adventist Health Reedley Achieves ‘Baby-friendly’ Designation (Calif.)

---

**ANNOUNCEMENTS & RESOURCES**

Share the joy of Thanksgiving. Send a special digital sharing card to someone you care about. Say "thank you" in a simple, fast, and easy way with FREE eCards from LifeTalk Radio ([LifeTalk.net/eCards](http://LifeTalk.net/eCards)). Don't miss the chance to make someone feel appreciated. Let them know today! It only takes a minute, but your message will last a lifetime!

On Nov. 24 at 10:30 a.m. CT, Breath of Life TV Ministries will premiere a Thanksgiving special entitled, "The Gratitude Project." This special will stream exclusively on the [Breath of Life YouTube page](https://www.youtube.com/BreathOfLifeTV) and app. Debleaire Snell, speaker/director for Breath of Life, and his wife Gianna will share inspiring
messages centered around gratitude and thanksgiving. The program will feature several gospel recording artists, and powerful testimonies. [WATCH a trailer.]

During Thanksgiving week, Discovery Mountain debuts another of our listener-favorite holiday seasons. In “The Secret Believer,” we’ll meet a quirky newcomer in town. And we’ll exercise our faith as we hear the intriguing story of Nicodemus and his secret midnight visit. Listen today at [DiscoveryMountain.com.]

Improve your evangelistic outreach with the annual It Is Written ReCharge retreat. Join It Is Written speakers plus special guest speakers NAD president G. Alexander Bryant, NAD vice president Calvin Watkins, and Dr. Ron Clouzet as they provide practical tools and soul-winning methods for ministry. This event is for all conference and church leaders! Group discounts are available. Held Dec. 9-11 at the GC headquarters in Silver Spring, MD. Register and learn more at [itiswritten.com/recharge.]

Join us at the 2023 NAD Adventist Ministries Convention, held on Jan. 8-11. Register is open! We want to see all our ministries leaders at the "Replenish" Adventist Ministries Convention! [Click here to learn more and register today! And check out our posts on social media with these hashtags: #nadreplenish #nadadventist #AMC2023]
Does your church or conference run a local radio station or internet radio station? Jesus 101 has free programming and content available for your local station. Jesus 101 creates Christ-centered programs that appeal to any audience in both English and Spanish. The "Biblical Studies" programs are dynamic 15-minute studies that delve deep into the Biblical narrative, and "Plug Into Life" spots are a one-minute daily devotional. These programs are also available to stream online for everyone. For more information, please visit [www.Jesus101.tv](http://www.Jesus101.tv) or contact us at [office@jesus101.tv](mailto:office@jesus101.tv).

Season 4 of Authentic Debuts Nationwide – Join Shawn Boonstra of the Voice of Prophecy this Sabbath for *The Prince*, as he discusses what led Jesus and his followers to give their lives for an wildly unpopular message. This episode serves as the debut episode of season 4 of Authentic which can be viewed on Hope Channel, 3ABN, and at [vop.com/authentic](http://vop.com/authentic).

Give donations for Ukraine through [AdventistGiving](http://www.adventistgiving.org). The NAD has made it possible for you to provide financial support through the website or app. After first clicking on donate and selecting your local church, you can find the "Ukraine" offering button in the listings under the "World" offering tab. The offering category is a clickable field under "More Offering Categories."

---

**EVENTS CALENDAR**

<table>
<thead>
<tr>
<th>November</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
</tr>
<tr>
<td>12</td>
</tr>
<tr>
<td>19</td>
</tr>
<tr>
<td>26</td>
</tr>
</tbody>
</table>
December
3  Local Church Budget
10  Adventist Community Services
17  Local Church Budget
24  Local Conference Advance
31  Union Designated

ADVENTIST JOURNEY

Cover: Millie Mojica, educator and literacy coach living in New York, New York.

Feature: "A Chance at the Mic: Young Adults Speak up on Church Initiatives" by Becky St. Clair, pp. 04-07

NAD Update: "Master Guide Convention Celebrates 100 Years" by Rachel Scribner, pp. 08-09

NAD News Briefs: "Adventist Health Trailer to Support Disaster Response," p. 10

Perspectives: "The Spiritual Discipline of Gratitude" by Bonita Joyner Shields, p. 11

This magazine is mailed to Adventists in North America; click HERE to view the November issue online.

VIEWPOINTS
Thankful for Jesus' Prayers

"The prayers of Jesus are the greatest miracles you and I can ever experience. Jesus' prayers go beyond you and me. He's praying that our characters will grow in line with His character. Growing in His character is the only way you and I are ever going to truly enjoy heaven.

"Let us remember to cherish [His prayers], and be thankful that Jesus is praying for all of us around the world. Let's give Him our gratitude and thanks."

— Chad Angasan, pastor of the Nome and Savoonga churches in Alaska, during the Nov. 21, 2022, NAD staff worship, referencing Jesus praying for His disciples

NAD MEDIA MINISTRIES
NAD UNION COMMUNICATION PARTNERS

Atlantic Union Conference

Seventh-day Adventist Church in Canada

Columbia Union Conference

Lake Union Conference

Mid-America Union Conference

North Pacific Union Conference

Pacific Union Conference

Southern Union Conference