"In a world that is growing more fractured, and torn every day, Black History Month is a time to hit the pause button, and really try to get to know each other better. To get to know each other more. Black History Month gives us another opportunity to listen to each other, and to embrace a story of a people that have been resilient and determined." [WATCH/READ NAD president G. Alexander Bryant’s 2022 Black History Month message.]

Perspectives on the African American family — We are all members of a family. Whether it is a traditional nuclear family, blended, extended, single-parent, or adopted, we hold a connection. And while many similarities may exist, every family is unique with its own combination of strengths and weaknesses. [MORE]
The Northeastern Conference ACS sponsored a pilot class in warehouse operations in Hamden, Conn., on Jan. 23. Sixty-five participants from three local conferences, Northeastern, Greater New York, and Southern New England, attended the eight-hour PowerPoint-based class hosted by the Mount Zion Seventh-day Adventist Church. [MORE]

The human brain is the most complex organ of our bodies, and some say the most complex structure in the known universe. Today we are facing seemingly insurmountable issues with other conditions that involve brain function. Through our mental health initiative, Adventist HealthyYOU: Restored, NAD Health Ministries is embracing the processes that God uses for the renewing of our minds. [MORE]

ADVENTISTS IN THE NEWS

100th Anniversary of La Sierra University-Celebrated With New Sculpture Dedication

Study Shows Southern Adventist University Added $152 Million To Area Economy In 2020-2021

Rwandan Refugees Find Warm Welcome by Adventists in Ann Arbor (Mich.)

26 Churches in 26 Weeks: Observations by a Visitor (Mich.)

Book’Em’s Meredith Mckinney, Oakwood Alumna, Raises Goal for Black Kids’ Books

Adventist Health Provides Update on Future of Fort Bragg Hospital

ANNOUNCEMENTS & RESOURCES
Looking for material on Black History Month? Pacific Press Publishing Association has a wide range of books in many genres. From books by prominent Black leaders of the past and present, to biographies, sharing materials, health books, and more — there are close to 100 items to choose from. CLICK HERE to see the entire list of products.

Join the NAD’s ehuddle on Feb. 15-16 as church leaders, local pastors, volunteer lay pastors, elders, and institutional leaders discuss best practices on relevant topics such as the culture of evangelism, personal preparation, proclamation presentations, appeals, baptism, reclamation, and some other vital aspects, that with the blessing of God, will help your church grow and take your ministry to the next level. The ehuddle with be live-streamed on Facebook and YouTube platforms, so anyone interested is able to watch. CLICK HERE for more info.

Adventist Television Ministries (ATM) - February 12 Offering. ATM Bible-based programs have been transforming hearts and lives for more than 70 years. Dynamic media evangelism through the ministry of "Breath of Life," "Faith for Today," "Jesus 101," "It Is Written," and "Escrito Esta" radically changes lives. During the pandemic, ATM has been pivotal in connecting people living in fear and isolation worldwide. An investment in media ministries will continue the work of spreading the Good News and Christ-centered messages of hope. Please give generously. WATCH

The NAD’s new blog/website, A Rugged Journey, is dedicated to connecting young men to God through mentorship and community; helping them find answers to life’s toughest challenges. No judgment — just compassionate advice from people who care. Follow us on Instagram and Facebook: @ruggedjourney; and subscribe to our YouTube channel to hear from our vloggers. MORE
Faith Community Nurses (FCNs) provide intentional care to the physical, mental, emotional, and spiritual needs of individuals and communities. This five-week virtual/online course begins Feb. 23, and trains nurses to promote wellness, healing, disease prevention, and lifestyle management in their congregation. Click here to learn more/register by Feb. 16. Nurses receive 40.5 contact hours.

Oakwood University’s "Windows on the Word: Social Justice in the Word of God" broadcast continues on Fridays at 7:30 CT during the month of February. This 4-part series for Black History Month is the first in the weekly broadcast "Windows on the Word" hosted by University President, Dr. Leslie Pollard. "Windows on the Word" is designed to highlight contributions to the Adventist mission and faith worldwide. The daily lesson plan used in this series is available in PDF or hard copy. Check out Oakwood's YouTube channel for streaming.

The pandemic has unearthed mental health needs that have been simmering for many years. Mental health professionals and lay members have their roles in meeting this need. Join NAD Health Ministries for RESTORED – a virtual mental health & wellness summit, March 31-April 3. LEARN MORE/REGISTER

Caregiving professionals carry a tremendous load in our world today. The pressure health care workers, social service providers and clergy face can be relieved when resilience is the focus and conscious choices are made that lead towards responsible wholeness. Join Health Ministries and AAFCN on Feb. 13 to discover how to thrive under the pressures of caregiving. LEARN MORE

BOOST YOUR HEALTH! Join LifeTalk Radio, Feb.
If you are a high school student who makes movies, check out the Southwestern Adventist University South by Southwestern Film Festival offered through the communication department this spring. The online film festival is available to all high school students, you can enter as an organization or individual, and the deadline is March 1. For more specifications and details, or to register, [CLICK HERE](#).

What is a religious exemption from an employment vaccine requirement, and what is the Seventh-day Adventist Church's position on these type of requests? The Public Affairs and Religious Liberty team at the Seventh-day Adventist Church in North America answer these and other FAQs related to employment vaccine mandates and religious liberty exemptions. [CLICK HERE](#).

Jesus 101TV has released new video and audio programs in Spanish. "Confianza" (La Travesía del Exodo) is a twelve-part video program featuring Dr. Elizabeth Talbot and Pastor Gustavo Squarzon. It is a companion to the newly released book of the same title. The video series and book invite viewers to face anxiety with faith in God. New audio programs include "La Travesía del Exodo, "Conectate a la Vida" series, and the audio book, Apocalipsis: El Quinto Evangelio. [LEARN MORE](#).

**SHARE GOD’S LOVE!** Order free sharing cards for Valentine and Spring giving from LifeTalk Radio [here](#). Or,
email free digital eCards. Invite others to listen to messages of hope and healing at www.LifeTalk.net, on Amazon Echo, Roku, or on the free LifeTalk Radio mobile app. Brighten someone’s day!

Make your church a center of compassion in your community by offering the Grief Sessions seminar. Faith For Today helps your church meet the needs of the community as Christ did. The Grief Sessions seminar is a small group, Bible-based six-session course. Host Mike Tucker of Lifestyle Magazine shares grief principles and interviews guests about their grief journey. CLICK HERE to order your copy; or call 888-940-0062 to learn more.

SHARE HOPE! Overcome depression. Tell your neighbors to tune in to “Message of Hope” on LifeTalk Radio for hope-filled, Christ-centered Bible messages from Mark Finley, John Bradshaw, Doug Batchelor, Brian McMahon, Dwight Nelson, and others on weeknights at 9 p.m. ET. Listen live on LifeTalk Radio mobile app or on podcasts. Invite others to listen with a free LifeTalk sharing card or an eCard.

EVENTS CALENDAR

February

5 Offering: Local Church Budget
12 Offering: Adventist Television Ministries Evangelism* (NAD)
19 Offering: Local Church Budget
26 Offering: Local Conference Advance

Camp Meeting Calendar
Adventist Mission
Cover: Rockefeller “Rocky” Twyman, professional musician, public relations professional, from Rockville, Maryland. WATCH the interview.


Feature: "Connecting the Pastoral Family," by Dave Gemmell, pp. 08–09


This magazine is mailed to Adventists in North America; click HERE to view the February issue online.

VIEWPOINTS
"Christ came to break down every wall of partition. He came to show that His gift of mercy and love is as unconfined as the air, the light, or the showers of rain that refresh the earth."

— Ellen G. White, Counsels for the Church, p. 288